



Coastal Aesthetics

PRE-TREATMENT INSTRUCTIONS

Laser Hair Removal Pre-Treatment Instructions

Please shave the entire area you desire treated within 24 hours of your planned treatment.

Please arrive with clean skin! No makeup, lotions, sunscreen, deodorant/antiperspirants, etc.

Daily use of a broad spectrum SPF 30 (or greater) sunblock up to AND after your treatments. Please try to avoid natural tanning anytime within 2-3 weeks before your session.

Avoid exfoliating agents like Retin-A, AHA/BHA, acne medication or any irritating or drying products for 3 days prior to each treatment or as advised by a Coastal Aesthetics team member.

Please notify Coastal Aesthetics of any changes in topical or oral prescription medications, as they may have an effect on the ability to safely or effectively provide treatment.

You may bring makeup or concealer to re-apply on facial areas or to cover redness post-treatment.

**If you need us to shave a particular area for you prior to treatment, please let us know so we can add additional time. There is a \$15 service charge for shaving. If you forgot to shave prior to your appointment, please arrive 15-20 minutes early and we can provide you with a complimentary razor for you to prep your treatment area prior to your scheduled appointment time.

Thank you!



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